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# Minowa Town, Nagano Prefecture, Japan

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## 1. Overview of the town

Minowa Town established in 1955 by merging three villages, has been developing as a garden city located at the northern part of Ina Valley of Nagano prefecture and surrounded by the North Alps and South Alps.

Recently, Minowa Town has dramatically changed to a high technology town because of many advanced and developing companies moving in from big cities including the metropolitan areas.

It has been promoting future type environment with dream and Romanticism based on the philosophy of establishing the town that agriculture, commerce and industry harmonize and where citizens take leading roles. Furthermore, citizens are sincerely working to achieve “Establishing Safe and Secure Town”.



## 2. History of safety promotion based on the concept of SC

[ 2009]

### August

- Attendance at the SC designation Ceremony in Towada City, Aomori Prefecture.
- Attendance at the conference Japanese Society of Safety Promotion (in Towada City)
- Start up the research for community safety diagnosis

### November

- Attendance at a conference by the Japan Society of Public Safety
- Attendance at the Safe Community Workshop in Atsugi City

### December

- Mayor’s official announcement of launching to the SC project

## 3. Population constitution

Total 25,908 (Male :12,922, Female:12,986, Foreigner 1048) as of 2009.Nov.1

Age	Number	male	female	Age	Number	male	female
0-4	1200	610	590	55-59	1763	876	887
5-9	1301	696	605	60-64	1930	965	965
10-14	1259	665	594	65-69	1652	813	839
15-19	1239	616	623	70-74	1265	584	681
20-24	1349	701	648	75-79	1192	539	653
25-29	1497	807	690	80-84	958	411	547
30-34	1845	965	880	85-89	599	194	405
35-39	1991	1055	936	90-94	250	66	184
40-44	1672	867	805	95-99	72	16	56
45-49	1458	760	698	Over100	11	1	10
50-54	1444	722	722				

#### 4. Causes of Death (the year of 2008: based on death statistics)

**Total: 210 (Ranking in cause of death )**

	causes	number
1	Cancer (Malignant neoplasm)	46
2	Pulmonary / Respiratory disease	43
3	Cardiac disease	30
4	Caducity	29
5	Others	27
6	Cerebrovascular disease	13
7	Kidney disease	9
8	Suicide	7
9	Hepatic disease/ Unintentional Accidents	3

#### **External Causes of Death(10)**

1<sup>st</sup> Suicide 7

2<sup>nd</sup> Unintentional Injury 3

(Drowning, Contusion, suffocation )

#### 5. Program and activities of safety promotion

##### (1) Activities and programs for each age

Program or Activities	Minowa Town	Other related Agencies
<b>0-14 years old</b>		
Safety Map (To protect the disabled)	+	Community members Social-Welfare Council Fire Station
Safety Watch for School Kids	+	Community members
Emergency mail service by mobile phone	+	Schools Nursery School
Lecture meeting for the value of life	+	Junior High Schools
Injury prevention by Exercise play	+	University Primary Schools Nursery Schools
<b>15-24 years old      25-64 years old</b>		
Safety Map (To protect disabled)	+	Community members Social- Welfare Council Fire Station
Minowa Original Exercise	+	
Share the value of life(communication with babies)	+	High School
Mental Counseling (Occasionally by nurses, Periodically by doctors)	+	
Lecture about mental health (Suicide prevention)	+	
Listening volunteer training Project	+	Social Welfare Council
<b>Over 65 years old</b>		
Lecture about mental health (Suicide prevention)	+	
Safety Map (To protect disabled, bedridden and so on)	+	Community members
“Otassha” Club	+	Social- Welfare Council
“ Iki-iki” Class	+	Fire Station
Knee & Waist Exercise Class	+	Health Promotion Agency
Hatsurastu” Health Course(for 65 years old)	+	
Tsuru-Kame” Course (for 75 years old)	+	
“Mamekura” (for senior clubs)	+	Local senior club

## (2) Environments Safety

Program or Activities	Minowa Town	Other related Agencies
<b>Home Safety</b>		
Promotion of fire alarm installation	+	Fire Station Fire Volunteers Company
Activities by local welfare commissioners	+	
<b>Traffic Safety</b>		
Traffic Safety campaign Traffic Safety School Semiannual inspection of traffic mirrors Broad casting T.S program on Cable TV	+	Traffic Safety Association
Schoolchild traffic campaign Traffic Safety training	+	Traffic Boy Scouts
Traffic Safety campaign Stop drinking & driving	+	Traffic Safety Association Traffic Safety Promotion-Council
<b>Work Place Safety</b>		
Counseling program for mental health	+	
<b>School Safety</b>		
Patrol during commuting time in community	+	Patrol group for Safe Commuting
Emergency e-mail service by mobile phone	+	Schools Nursery Schools
Installation of Security Alarm	+	

## (3) Intentional Injuries prevention

Program or Activities	Minowa Town	Other related Agencies
<b>Crime Prevention</b>		
Emergency mail service by mobile phone	+	Schools Nursery Schools
“Raipo-kun” security mail (Mail service by mobile phone)	+	Police
Activities by safety of attending school patrol	+	Safety Attending Patrol Agent
Crime prevention patrol	+	Residents Association
Community patrol by blue rotating lights vehicles	+	Citizens Volunteer
Installing blue rotating lights	+	
<b>Violence Prevention</b>		
Child Abuse prevention • Counseling • Seminar	+	
Elderly Abuse prevention • Counseling • Seminar	+	
Counseling for DV victims	+	
Mental health Counseling	+	Safety Welfare Council
<b>Suicide prevention</b>		
Mental health Counseling	+	Safety Welfare Council
Lecture meeting about mind (Suicide prevention)	+	

#### (4) Disaster and Fire prevention and response

Program or Activities	Minowa Town	Other related Agencies
Wireless System for Disaster prevention Mail distribution		Community members
Comprehensive Disaster training		Fire Volunteers company
Activities of Fire volunteers and Voluntary Disaster prevention organization		Voluntary Disaster-Prevention Organization
Promotion of installing fire alarm		Fire Volunteers Fire Station

#### (5) Other activities

Program or Activities	Minowa Town	Other related Agencies
Education of First Aid Treatment		
Training Session of emergency rescue and AED	+	Community members Fire Station

### 6. Organizations related to safety promotion in Minowa Town

- Residents Association
- Child Welfare Commissioner
- Traffic Safety Association
- Traffic Safety Promotion Council
- Flood Prevention Council
- Crime Prevention Association
- Voluntary Disaster Prevention Organization
- Fire Volunteers
- Red Cross Volunteers
- School Attending Patrol Council
- Social Welfare Council
- Youth Sound Upbringing Council
- Longevity Club Association
- Human Rights Commission
- 19 commission ( Disaster Prevention Residents Volunteer )
- Amateur Radio Emergency Communication Committee
- Sports Class by Community Center ( Fencing / Kendo / Judo / Karate etc. for enforcing sports ability and sound upbringing of children)
- The Tenryu River Healthy Walking Committee (establishing healthy bodies of citizens to promote walking along the Tenryu River which streams in Minowa Town)