

"Asian particularity on Obesity and Metabolic disorder"

The personality of the patients with morbid obesity

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Bariatric surgery might become indispensable for the therapy of morbid obesity. Metabolic disorders could be well improved by bariatric surgery. In some cases, weight reduction relief the insulin therapy in obese type 2 diabetes mellitus. But, following up term after operation is very important, because actual body weight reduction can be obtained in this term. The trouble in this term seems to be not so few. One is psychological unstableness. We had already experienced them during semi-starvation therapy. For example, depression, refusal diet, trial of suicide, solitary and so on.

To understand the causes for that unstableness, personalities of the patients were analyzed using Rorschach test by applying Ender' s methods. In many cases, depression and organic psychological diseases were concealed. One of conspicuous features was high lambda style, in which, passive attitude, superficial understanding, apparent obedience were observed. Those people were controlled well in the hospital, but, they easily show rebounds once outside of the hospital. The percentage of high lambda style is increasing as the degree of obesity.

Before operations of the patients, we had better understand the personality of the patient, beforehand. Moreover, psychotherapy such as enforcement will improve the benefit of surgery. And, how to understand the personality of the patients need further studies.