

18 dika sira ba "empoderamento"

A World of Possibilities! Empowerment 18 Tips



I. Empoderamento ba hau nia an

1. Mehi diak, futuru sei diak liu.

The best is yet to come.



2.Hau mak espesial. Bele hahi'i-an.

I am special. Be proud of oneself.



AP

3. Mai ita halo, mai ita koko.

Let's try it.



4. Buat hotu atu ba diak.

It's going to be all right.



II. Empoderamento ba maluk-sira

5. Sin, ami bele halo. Ami iha foti-oin.

Yes, we can.



6. Ami hotu oin-seluk ida-idak. Ne'e diak,

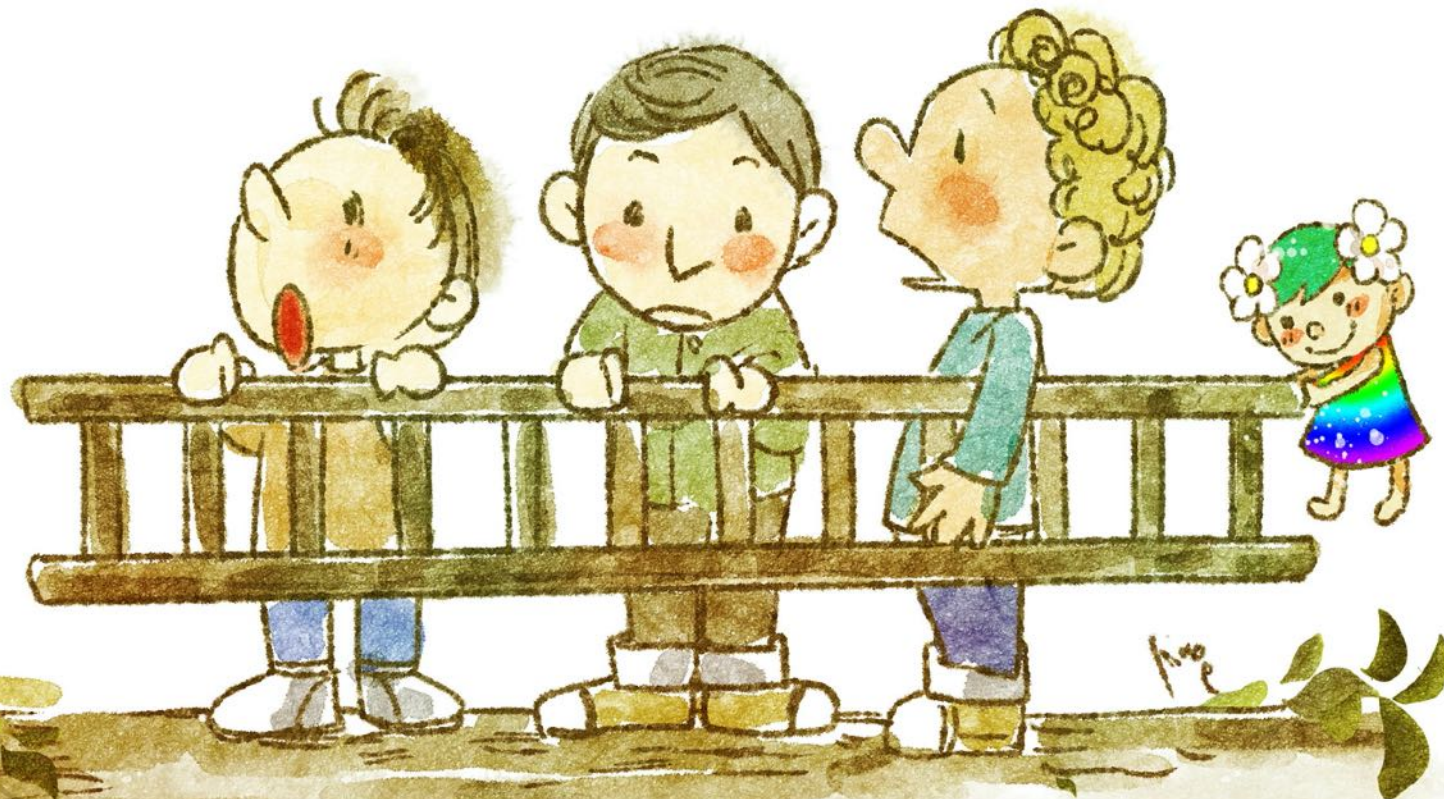
Celebrate diversity.





7. Mai ita fiar maluk sira.

Believe in group creativity.



III. Empoderamento ba comunidade

8. Hamta'uk no respeita malu validade sira ema hotu nian oi-oin.

Respect values of others.



9. Hatan nesesidade sira ema idak nian.

Respond to the needs of others.

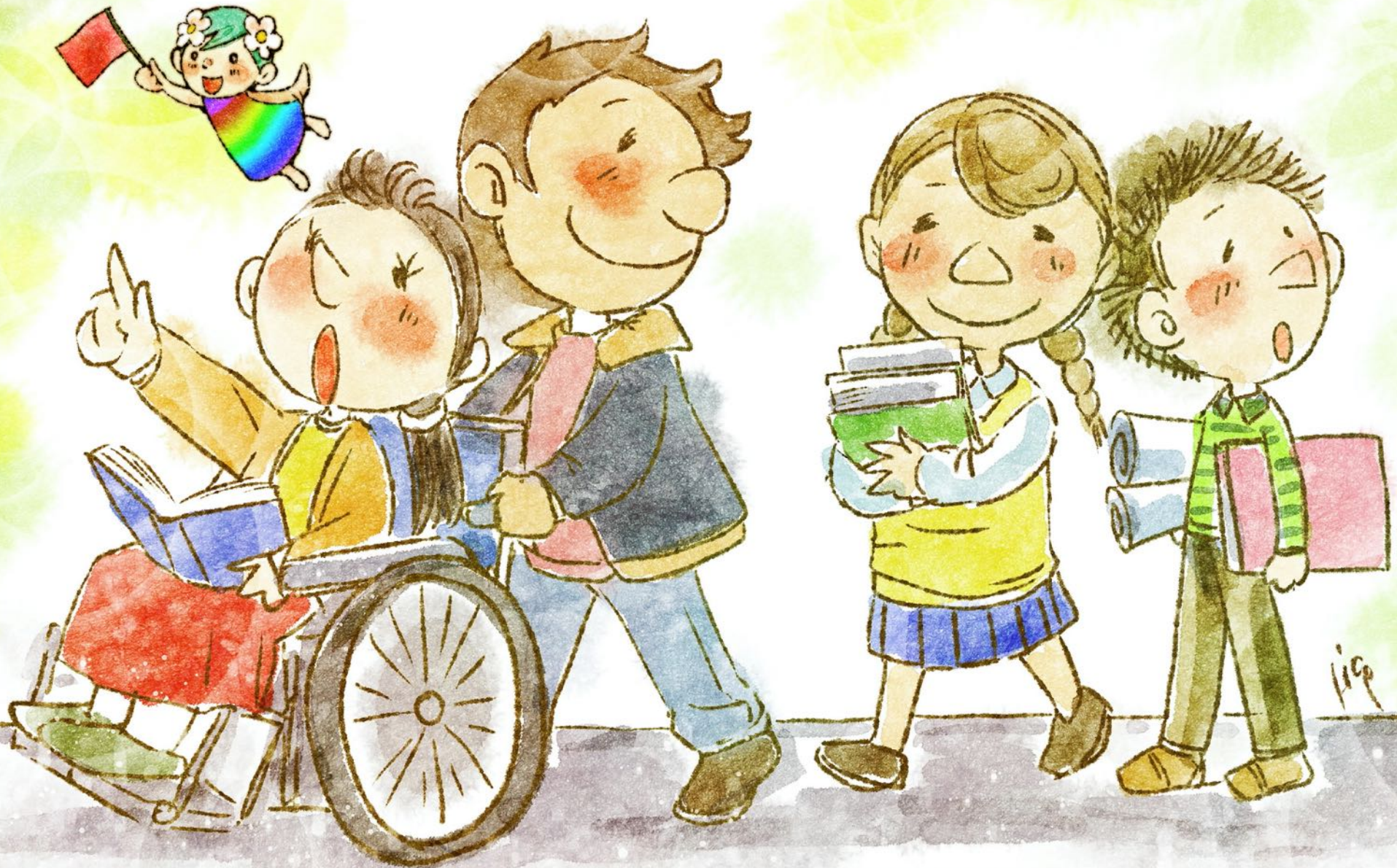


10. Hetan ita-nia kbiit sira,
Identify our capabilities.



11. Buka hatene hamutuk, lao hamutuk.

Learn together for improvement.



IV. Empoderamento ba vida lor-loron

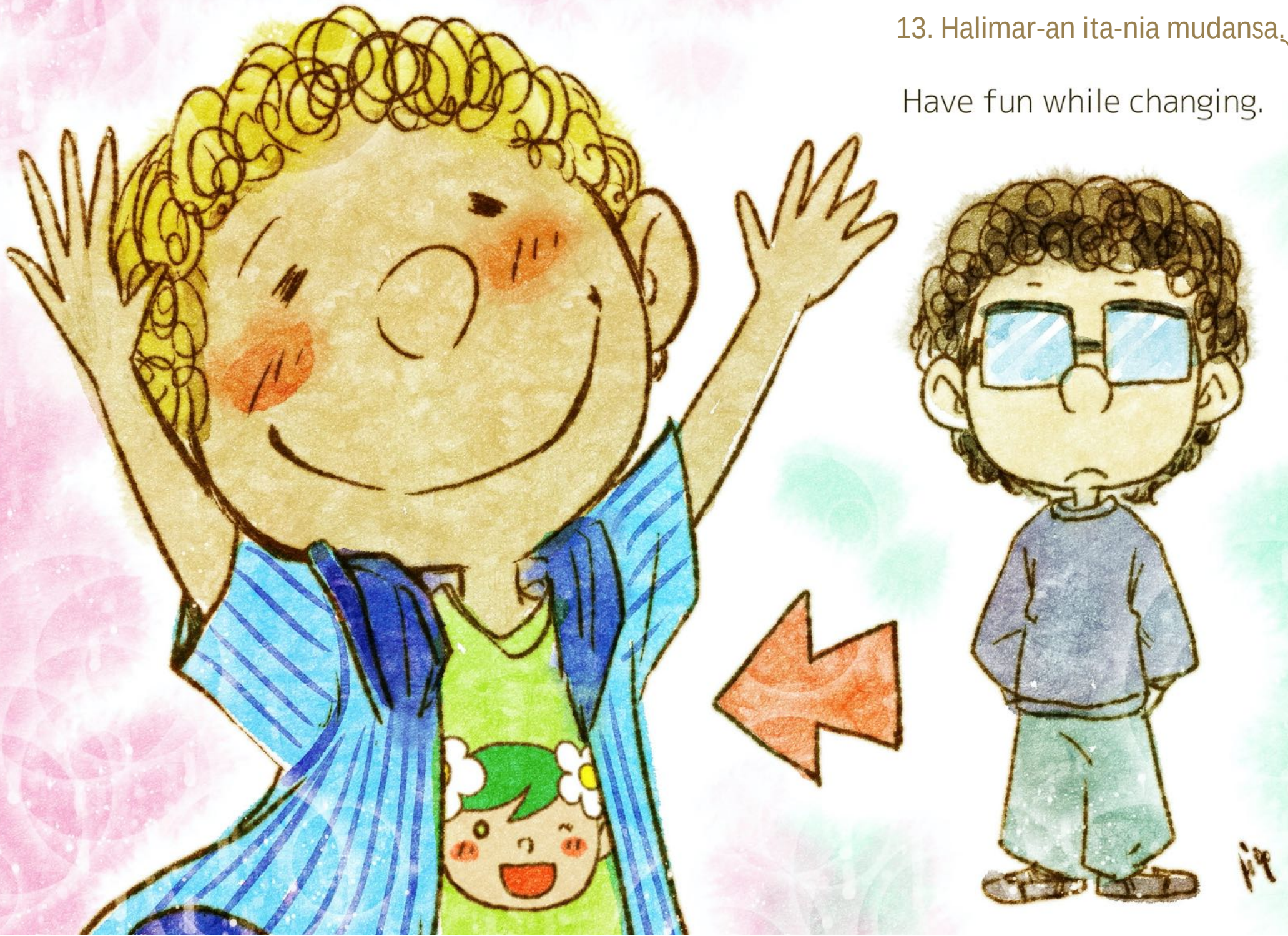
12. Mai ita hamtuk uza ami nia "empoderamento" lisuk.

Build empowerment through synergy.



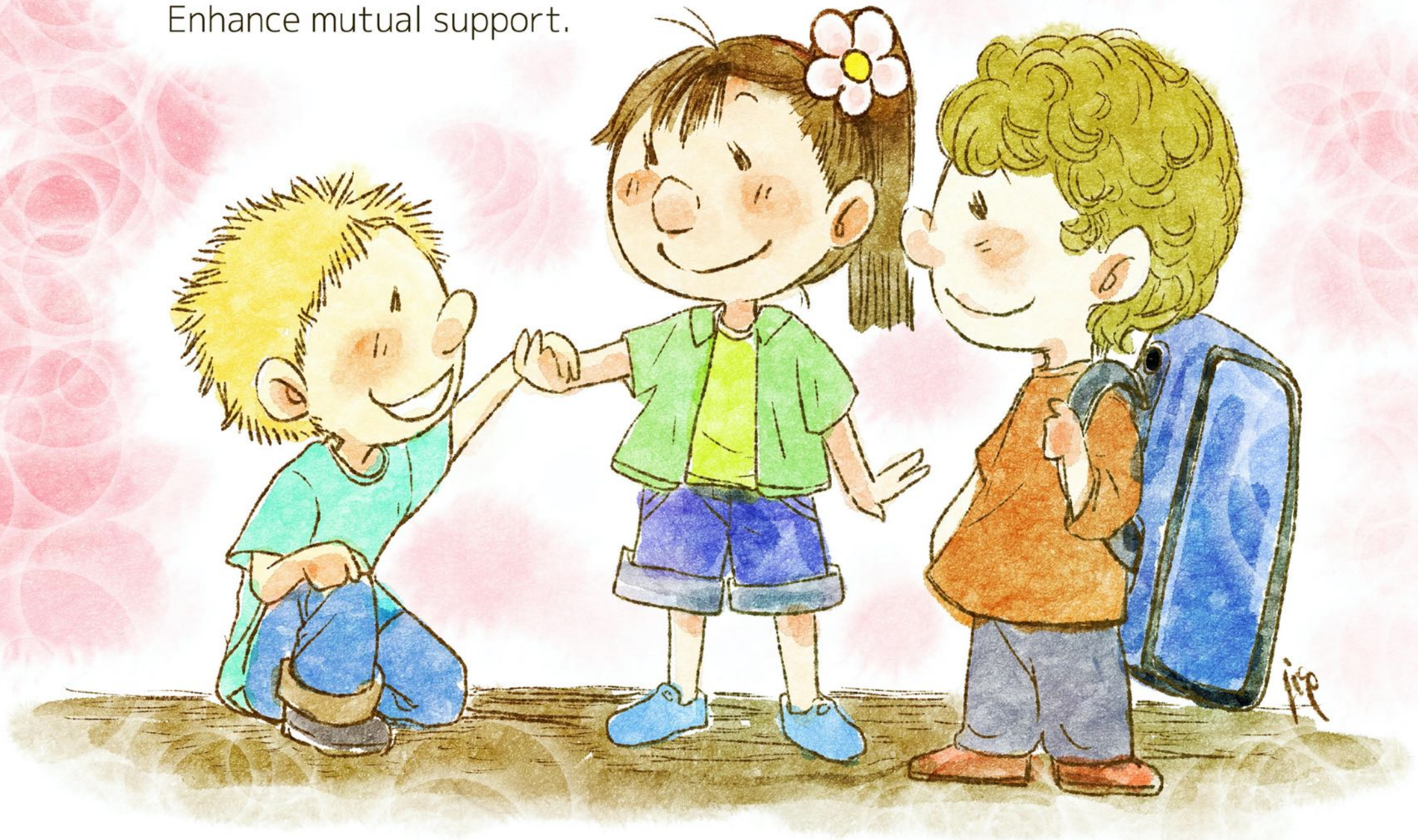
13. Halimar-an ita-nia mudansa,

Have fun while changing.



14. Kudir malu,

Enhance mutual support.



15. Lona diak ho empatia,

Listen with empathy.





16. Pratika no halimar,

Enjoy practicing.

17. Fo neon baibain, agrade-se nafatin.

Always be thankful.



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18. Liga ita-nia experiensia sira mesak ba futuru,

Bridge our experiences to future.



みんなで^{げんき}元気に!

エンパワメントのコツ 18^{じょう}条

ISBN 978-4-9905933-4-6

2021 年 12 月 1 日 第一刷発行

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挿 絵 ひろ衛

出 版 エンパワメント研究教育フォーラム

印刷製本 東京都同胞援護会

Make a World of Possibilities!

Empowerment 18 Tips

2021, December, 1 First Edition

Author: Tokie Anme, PhD

Picture: Hiroe

Publish: Empowerment Research and Education Forum

Printing: Tokyo Doho-Engokai

Halo mundu ida ho possibilidade!

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2021, Ioron 1, fulan-Dezembru, primeiru edisaun

Liman fatin: Tokie Anme, PhD

Pintura :Hiroe

Durbasa: Hirosato Shiokawa, MD, PhD

Publisao: Empowerment Research and
Education Forum

Imprime: Tokyo Doho-Engokai