



Declaration of Animal Rights by the Japanese Society of Physical Fitness and Sports Medicine

The Japanese Society of Physical Fitness and Sports Medicine shall abide by the “Universal Declaration of Animal Rights” adopted in Paris (UNESCO Headquarters) in 1978 and revised in 1989 in the same location.

- 1) All animals have equal rights to exist within the context of a biological equilibrium. This equality does not overshadow the diversity of species and of individuals.
- 2) All animal life has the right to be respected.
- 3) Animals must not be subjected to bad treatments or cruel acts.
- 4) If it is necessary to sacrifice an animal, it must be instantaneous, painless and cause no apprehension.
- 5) A dead animal must be treated with decency.
- 6) Wild animals have the right to live and to reproduce in freedom in their own natural environment.
- 7) Any animal which is dependent on man has the right to proper sustenance and care.
- 8) Animals mentioned in the preceding clause must under no circumstances be abandoned or killed unjustifiably.
- 9) All forms of breeding and uses of the animal must respect their physical dignity and behavior specific to the species.
- 10) Experiments on animals entailing physical or psychological suffering violate the rights of animals.
- 11) Any act unnecessarily involving the death of an animal, and any decision leading to such an act, constitute a crime against life.
- 12) The legal personality of animals and their rights must be recognized by law.
- 13) Educational and schooling authorities must ensure that citizens learn from childhood to observe, understand and respect animals.

Japanese Society of Physical Fitness and Sports Medicine
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