



21st Meeting of the IAES
VIRTUAL MEETING
 August 29 – Sept 2, 2021
www.iss-sic.com



22nd Meeting of the IAES
In-Person Meeting
 Kuala Lumpur
 August 28 – Sept 1, 2022
www.iss-sic.com

IAES 2021 Newsletter

What a difference a year makes!!! Who would have guessed that this time last year was just the ‘calm before the storm’... As I sat down to write this newsletter, I reflected on a year ago, almost to the day, when I was busily getting ready for my trip down-under to the AsAES meeting and very much looking forward to a backpacking trip that followed in Tasmania...I remember all too well the concern I had about this novel virus that was making the news, so much so, I packed a few N95



masks and loaded up on hand sanitizer. But travel I did to Melbourne where many IAES members including our president **Akira Miyauchi** joined in the fun, the science, the friendships, and festivities of the AsAES meeting. It was likely one of the last in-person meetings of Endocrine Surgeons. Yes, things were a little different, as our Chinese colleagues and others could not attend because of the virus. We tried (and I will be the first to admit, failed) to refrain from hugging and shaking hands when greeting friends and colleagues. We had hand sanitizer at the trade booths, and did our best first efforts at ‘social distancing’.

Watching the Australian Women Cricket team win the World Championship at the MCG made it appear that life was normal. It wasn’t until I reemerged from the Tassie bush and I heard my Prime Minister on the news requesting all Canadians to return home before the borders closed that I realized the world had change.

This time last year the world stopped - pivoted - and re-calibrated. This past year what each of us has faced has been as diverse as the IAES membership. Many have experienced loss of loved ones from this virus - and for that, our hearts go out to each of you. Some have experienced the frustration and loneliness that comes from being social isolated from family and friends. Others have had to re-adjust family life as kids of all ages returned home to study ‘online’. While others, have had little disruption of daily living, yet remain isolated from world travel. Day to day life is constantly changing as we navigate through the various waves of this pandemic. We have also all experienced a change in our work environment that has left us adapting to the new norms of clinical practise and surgical education. For fun, take the IAES-COVID Test on page 5.

As we all navigate the new norm, the IAES council has been busy trying like most organizations to adapt in a way that continues to meet the needs of our membership, recognizing that our biennial

meeting has always been the main focus of this organization. In July of 2020, the council of the IAES met (virtually) and decided on your behalf that an in-person meeting in August 2021, although a year away, was not in the best interest of our the membership. We informed the ISS that we would not be able to attend in-person in Kuala Lumpur 2020, which set into motion other integrated societies doing the same. In September 2020, the ISS agreed that it was not feasible for the clinical congress to proceed and delayed the in-person meeting in Kuala Lumpur of the ISS/IAES for one year to August 28th 2022. This meant that we had to decide on how best to move forward with the governance of the IAES.



After evaluating the options, the council voted to postpone the nomination of new officers and council members for one year. Thus the IAES 2-year cycle will start in August 2022 going forward. It is our hope that we will be able to meet in person for the **IAES/ISS meeting in Kuala Lumpur August 28th - September 1st, 2022** (save the date...)

We are currently in discussion with other endocrine surgical organizations to expand our involvement in educational webinars, Podcasts, virtual journal clubs and case discussions. Stay tuned as the council works to bring quality material to its members.

19th IAES Post Grad Course


Although the faculty were all disappointed when we had to cancel the in-person Post-Grad course in Singapore last May, **Keat Cheah** and **Rajeev Parameswaran** found a solution for a virtual platform



to host this meeting. So, without the usual jet-lag, the Faculty put together a 2 day course that included pre-recorded didactic sessions on thyroid, parathyroid and adrenal diseases. Each of these was followed by a live discussion Q&A format. There were three interesting case sessions done in real-time which demonstrated once again that we all do things a little differently, and we all continue to learn from each other's experience and wisdom on these challenging cases. Despite the time difference, the audience varied from trainees to experienced

endocrine surgeons from 23 different countries. We attracted 140 registrants, 7 exhibitors and 19 speakers. Australia was the largest group at 41, Malaysia 25, Singapore 22, USA 12, Europe 9, India 7, New Zealand 6, and up to 2 registrants from Taiwan, Canada, Japan,

South Africa, Columbia, Salvador, Philippines and Mexico respectively. Highlights from this course will soon be available on our website for members to access.

Thanks to Alex and his team at  for helping organize a great course...

2021 Virtual IAES Meeting

This August *in lieu* of our postponed in-person meeting, the IAES will join the other integrated societies of the ISS in a virtual meeting that will be free for all members in good standing (gentle reminder to pay your 2021 dues...) With a tight deadline thrown upon us, the council very quickly was able to put together IAES content for each of our designated time slots. This meeting that will air from **August 28th to September 2nd, 2021** will be pre-recorded, but we are working hard on making each session as interactive as possible. See our tentative program on pages 7-9 that includes two State of the Art Lectures, nine instructional/innovative videos, a panel discussion on the evolving techniques for thyroid nodule ablation, a potpourri of unusual endocrine surgical cases and a clinical case presentation.

World Journal of Surgery

Publications from our IAES Krakow meeting can be found in the February issue of the **World Journal of Surgery 44:2;2020**.

It includes:

- 35 peer-reviewed papers
- 5 editorials for accompanying papers by;
 - Fausto Palazzo, Jan Zedenius, Carmen Solorzano, Haggis Mazeh, Janice Pasieka**
- Dr. **Jerry Doherty's** Presidential Address:
 - Mastery in Endocrine Surgery*
- Summary paper from the panel session on Surgeon's Wellbeing by; KA Nicholson, **James A Lee, Cia Lundgren, Sally Meade, Fred Triponez, Sally Carty**
- 2 instructional reviews on 'Endocrine surgery without the Bells and whistles'— one on Parathyroid by **Meei Yeung** the other on Adrenal surgery by **Barb Miller**

Thank you to all the authors and the reviewers for helping put together this great issue in a timely fashion.

Endocrine surgical content continues to be published in the WJS and under **JulieAnn Sosa's** leadership, more editorials and summary paper that would be of interest to our membership are published monthly.

Welcome the Newest IAES Members



Active Members

Di Marco, Aimee (UK)
George, Jonathan (USA)
Glover, Anthony (Australia)
Lang, Brian (Hong Kong)
Moar, Xavier (Australia)
Okada, Manabu (Japan)
Dream, Sophie (USA)
Miller, Julie (Australia)

Associate Members

Aggenbach, Laura (Netherlands)
Bosscher, Frederiek (Netherlands)
Jonker, Pascal (Netherlands)
Koetje, Jan (Netherlands)
Lin, Jin Feng Alex (Netherlands)
Metman, Madelon (Netherlands)
Noltes, Milou (Netherlands)
Sandorp, Luc (Netherlands)
van der Plas, Willemijn (Netherlands)
van Dijk, Deborah (Netherlands)
Yeo, Caitlin (Canada)
Tacl, Elizabeth "Beth" (Canada)
Leong, David (Australia)

INTEREST

Our INTEREST Program has clearly been grounded through this pandemic. We hope to look to innovative ways to maintain the relationships and the connection that **Rob Parkyn** has established to date. Many surgeons have through their fellowship programs reach out to train surgeons from underprivileged countries. Here is one such story.

My name is Dr. Weldehawaria Weldu, a general surgeon from Ayder hospital, Mekelle University, Tigray, Ethiopia. After working for four years as a general surgeon, I decided to pursue in Endocrine and Breast surgery as we do have a lot of patients mainly with thyroid and breast pathologies and no surgeon with special training in this field. We were not doing neck dissections and breast conserving surgeries, partly due to of lack of radiation therapy setup. My hospital tried to search for a hospital with an endocrine and breast surgeon in India who can train me without any payment as it cannot afford to pay any except for my accommodation. Columbia Asia hospital, Hebbal, Bangalore and Dr. **P.S.Venkatesh Rao** were willing to train me. During my stay I had a nice exposure on a lot of patients with different pathologies mainly thyroid, parathyroid, adrenal and breast surgeries and I am very confident to handle these types of cases back home. The only problem was the COVID outbreak which decreased the number of cases significantly.



I am so impressed with the work ethic of Indians working in the hospital and of course I am in love with Indian food to the extent that I started to worry about what I am going to eat back home. I got introduced with many respected Indian doctors and other professionals and I am so grateful for the opportunity and my stay.



Ten new Associate members from the University Medical Center Groningen, Netherlands joined *en mass* this year. We are looking forward to having them present their research and meeting each of them in Kuala Lumpur 2022. The future of the IAES appears to be very bright, indeed!



From left to right:
Deborah van Dijk, Willemijn van der Plas, Pascal Jonker, Milou Noltes, Laura Aggenbach, Jan Koetje, Frederiek Bosscher, Alex Lin, Wendy Bruinsma
Not pictured Madelon Metman, Luc Sondorp

The IAES COVID Test

**One Point for an affirmative answer to each of the following
During this past year you:**

Binged watch at least 4 Netflix (or any streaming services) programs/movies

Renovated your house / condo / or cottage

Reorganized at least one of either your pantry / spice rack / book shelves / garage

Gained weight

Made a significant dent in your wine cellar

Stockpiled toilet paper or hand sanitizer early on

Adopted a pet

Recognized you were not much help when it came to home-schooling the kids

Have been known to turn off the video feed on a Zoom meeting to 'multi-task'

Haven't worn a full suit (not just the top) for at least 6 months

Have saved enough money on dry-cleaning to help pay for the renovations

Haven't seen the inside of your local airport

Have had take-out within the past two weeks

Have purchased home-gym equipment

A trip to the grocery store at times was the highlight of your day

Sub-TOTAL _____

**Subtract 1 point from the total above for each affirmative answer below.
During this past year you;**

Took up a new hobby

Discovered or visited something new within your own city/town

Learned to reach out to friends and family in new innovative ways

Found beauty / enjoyment in your own backyard (or within 100 km from home)

Sub-TOTAL _____

YOUR TOTAL IAES-COVID Test Score _____

Minus 4 to 0	You have been living on a remote deserted island for the past year...
1 to 4	You have been living on an island the likes of New Zealand or Australia
5 to 10	You have been affected (not infected) by COVID...
11 to 15	...in a serious way

I hope that the IAES-COVID test helped put a smile on your face (although hard to see hidden behind a mask!). Okay, I will admit I spent an entire afternoon putting it together, but truth be told, my spice rack has already been re-organized!

We will get through this, yet as we all know, the world will look and feel different going forward. Our new reality of virtual meetings is here to stay. The ability to be more inclusive and decrease our carbon footprint by having meetings online has

clearly been a bonus. The downside has been the increased connectivity to so many committee meetings, guideline writing groups and webinars that has us no longer suffering from jet-lag, but up at all hours in the night "Zooming". Yet, we are all human and as such crave for that person connection with friends and colleagues from the international endocrine surgical community. The close connection we have all experienced at prior surgical meetings and forums will need to return. I envision the future of the IAES biennial meetings will become a hybrid model, with both in-person and virtual content and as the technology grows so shall we as an organization.

I do look forward to the day when we can meet in person once again. In the interim, keep your family and friends safe and healthy, be sure to protect your own health and be kind to one another.



Janice

IAES_JP@icloud.com

Tentative Schedule for the IAES/ISS Virtual Meeting August 29th 2021



Day 1

A. IAES Presidential Welcoming *8 minutes*
Akira Miyauchi (Japan)

B. IAES Video Session #1 (12 min videos / 7 Min discussion) *57 minutes*

1. "Identification, Preservation and Reconstruction of the Recurrent Laryngeal Nerve"
Akira Miyauchi (Japan)

Moderator: Inne Borel Rinkes (Netherlands)

Discussants: Christine Lai (Australia), Gianluca Donatini (France)

2. "Fluorescent techniques for the detection and preservation of parathyroid glands during thyroidectomy"

Frederic Triponez (Switzerland)

Moderator: Inne Borel Rinkes (Netherlands)

Discussant: Jesse Pasternak (Canada), Fausto Palazzo (UK)

3. "Novel approach to neural monitoring in thyroid surgery with NerveTrend feature"

Marcin Barczyński (Poland)

Moderator: Inne Borel Rinkes (Netherlands)

Discussant: Simon Harper (New Zealand), Dana Hartl (France),

C. State of the Art Lecture #1 *45 minutes*

RNA-based therapeutics in disease and cancer: Is there a role in Endocrine malignancy?

Introduction: Herb Chen (USA)

Speaker: **Stan Sidhu** (Australia)

Discussant: Herb Chen (USA)

Day 2

A. Rare Endocrine Cases from NIH - Quick shot format *30 minutes*

Chair: Martha Zeiger (USA)

Discussants: Nairn Nilubol (USA)

B. Ablative Techniques for thyroid disease (10 min videos/ 30 min discussion) *80 Minutes*

Chairs: Barb Miller (USA), Joakim Henning (Sweden)

Woong Chung (Korea) - Review Post Grad Video

Brian Lang (Hong Kong) - High frequency ultrasound ablation.

Jennifer Kuo (USA) - Radiofrequency ablation.

Julie Miller (Australia) - Ethanol ablation.

Cord Sturgeon (USA) - Surgery rather than the above techniques.

Day 3

A. IAES State of the Art Lecture #2 *45 minutes*

The Use of Fluorescence in Endocrine Surgery

Introduction: Tracy Wang (USA)

Speaker: Carmen Solorzano USA

Discussants : Tracy Wang (USA) Aimee Di Marco (UK) Fred Triponez (Switzerland)

B. IAES Video Session #2 (12 min videos / 7 Min discussion) *57 minutes*

4. "TOETVA surgical technique step by step"

Özer Makay (Turkey)

Moderator: Marcin Barczynski (Poland)

Discussants: Iwao Sugitani (Japan), David Scott-Coombs (UK)

5. "TOETVA: lessons learned from the learning curve"

Barry Inabnet (USA)

Moderator: Marcin Barczynski (Poland)

Discussants: David Velazquez-Fernandez (Mexico), Cia Ihre-Lundgren (Sweden)

6. "Laparoscopic adrenalectomy: how I do it"

Geoffrey Thompson (USA)

Moderator: Inne Borel Rinkes (Netherlands)

Discussants: Quan Duh (USA), Carrie Lubitz (USA)

Day 4

- A. *CPC* Case rounds 45 minutes
A man with abdominal pain

Chair: Geoff Thompson (USA)
Discussant - Britt Skogseid (Sweden)

- B. IAES Video Session #3 (12 min videos / 7 Min discussion) 57 minutes
7. "Retroperitoneoscopic posterior approach to ACC excision"
Martin Walz (Germany)

Moderator: Marcin Barczyński (Poland)
Discussants: Jerry Doherty (USA), Sanziana Roman (USA)

8. "How to avoid pitfalls during posterior retroperitoneoscopic adrenalectomy"
James C. Lee (Australia)

Moderator: Marcin Barczyński (Poland)
Discussants: Nancy Perrier (USA), Saba Balasubramanian (UK)

9. "Robotic Whipple procedure for pNET: why and how I do it"
Inne Borel-Rinkes (Netherlands)

Moderator: Marcin Barczyński (Poland)
Discussant: Amanda Laird (USA), Thomas J Musholt (Germany)

- C. "Meet us in the Lobby Bar and find out why we joined the IAES..." 15 minutes
Moderator: Janice Pasiaka (Canada)