

Bariatric Training and Education

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Obesity surgery is not only a craft but it also signifies consideration of the disease as a whole. An Operation Primer undertakes the task of communicating basic surgical techniques. Only someone who knows all the technical possibilities and procedures is in a position to react flexibly and adequately in different situations. About 50 different surgical methods have been developed in obesity surgery in the past 50 years. It is obvious from this that the optimal surgical method for the obese patient does not exist. Experience has shown that peri- and postoperative complications can be reduced with with simplified working steps. An Operation Primer is an ideal format for communicating new operative methods but it does not replace training by an experienced surgeon. A surgeon cannot rest on his laurels but must always keep up with the latest techniques. I would therefore like to take this opportunity to thank the Industry for making Mental Training, training on the computer simulator and operations in the laboratory possible. First-class surgery is possible only through careful acquisition of knowledge, regular training and quality control. Additional mental training is an effective way of optimizing the outcomes of further training for laparoscopic procedures. It is associated with fewer costs and with better outcomes in some crucial assessment scales than additional practical training.