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# NEWS FROM JACHN

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## Greetings and Messages

### Towards Further Development of the Japan

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President, Oita University of Nursing and Health Sciences

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Sachiyo Murasima, Ph.D, R.N.

At the general meeting held on June 23, 2012, I was given the privilege to continue my duties as President of the Japan Academy of Community Health Nursing (JACHN) for another three years. I look forward to your continued involvement as we move ahead.

Things are now much different from when I first took over my duties three years ago. Looking at our society today, social problems, such as increased inequality, abuse, and suicide as well as mental health problems have become more apparent and more serious, so it is imperative to upgrade the capacity of public health nurses. Corresponding to this social change, the Act on Public Health Nurses, Midwives and Nurses, which was adopted in July 2009, lengthened the study period of public health nurses (PHN) from six months to a full year. Associated with this, certain rules that form the foundation of the PHN were revised. In particular, nursing colleges and universities are now allowed to establish Master's course education for the PHN. In Japan, Master's course education for the PHN started for the first time in 2011 and more than 7 courses are expected to open by 2016.

At the same time, with greater advancement and sophistication in medical care and an aging population, offering a full menu of home care services has become both a possibility and a necessity. Because of the expansion of the working places and duties of

registered nurses (R.N.), education for the R.N. needs to be strengthened. In order to accomplish this four year baccalaureate programs for R.N. education only without the PHN license also started in 2011. The discipline of community health nursing must be provided as one of the foundational elements of a relevant education for the R.N. Currently education for the R.N. is not regulated to include the discipline of community health nursing, but we believe all nursing professions need knowledge of community health nursing.

The objective of the JACHN is to contribute to the health and welfare of citizens through academic development, training, and otherwise "growing" community health nursing. By remaining grounded in this idea, the significance of the existence of this academic society becomes apparent. Our organization seeks to develop a body of learning related to community health nursing. The discipline of community health nursing is also targeted at all municipalities, industries, school health, and in-home care areas. It is aimed at nursing in all situations where people carry out their day-to-day lives, helping these people return to their daily existence. This integrative and academic flavor is an inherent characteristic of the JACHN, and can even be termed as its mission.

Based on these concepts, the administrative board increased the number of publications of the Journal of the JACHN from two issues to three per year. The primary reason is the remarkable development of young researchers and their increased contributions, and it became difficult to include all the information in a biannual publication. Another contributing factor is the conscious desire to strengthen the scholarly dimension of this academic society.

Concerning the international activity of the JACHN, the 2nd Japan-South Korea Community Health Nursing Conference was held in Kobe City in July, 2011. In 2015 an International Conference on Community Health Nursing Research (ICCHNR) and the 3rd. Japan-South Korea Community Health Nursing Conference are scheduled to be held in Seoul. The JACHN will prepare so that many people participate and exchange information at these conferences. Globalization is advancing more and more. An international network of public health nurses is needed. The JACHN will work on creating such a network in collaboration with the Japanese Nursing Association.

Going forward, we need to shape the role that the JACHN will take so that it will make important contributions in the real world. We are committed to proactively carrying out our evidence-based proposals through activities and research designed to make meaningful contributions to society. It is my hope as the president of JACHN, via discussions with fellow members and colleagues throughout the world, that we can work together to determine the best way of accomplishing this. I look forward to your continued engagement and assistance in this endeavor.

## **Purpose and Action of Committees for the 2012 to 2014 Fiscal Term**

### **1. Editorial Board**

#### 1) Policy

The Journal of Japan Academy of Community Health Nursing aims to provide access to timely research and practice features of use to public health nurses, administrators, educators and all the related people in the field of community health nursing. The journal emphasizes original scholarship on community health nursing and articles include original articles,

research reports, practice concepts, and educational features with the goal of development of theory, education, methods, policy, and ethical and legal issues that contribute to the health and welfare of people.

#### 2) Plans

- (1) Organize meetings of the Editorial Committee (four times a year).
- (2) Organize an extended meeting of the Editorial Committee (once a year).
- (3) Issue three editions of the official journal per year (starting with Vol. 15 No. 2).
- (4) Conduct activities in coordination with other Committees and the Administration Center.

(Chaired by Prof Etsuko Tadaka, Yokohama City University)

### **2. Research Promotion Committee**

#### 1) Purpose

Promote the research activities of JACHN members by improving knowledge about research methodologies, and encouraging research exchange among members, thereby contributing to the development of community health nursing as an academic discipline.

#### 2) Plans

- (1) Organize seminars on research activities (at least once a year)
  - a. Timing: in parallel with the Academic Conference or on another appropriate date
  - b. Topics: EBN/EBHP, methodology of qualitative research (methods of analysis, guidance, etc.), research on social epidemiology, research ethics, method of input to peer review, how to write research articles in English

- (1) Promotion of research exchange among members

- (2) Other

(Chaired by Prof Kiyomi Asahara, St Luke's College of Nursing)

### **3. Public Relations Committee**

#### 1) Purpose

- (1) Promote and enhance public information activities (public relations, communication of activities, and expansion of membership).
- (2) Support the activities of the Board of Directors, Committees and Academic Conference.

## 2) Plans

Three-year objectives (FY2012–2014)

- (1) Upgrade the website to promote its use with increased visibility, by enhancing its contents to include appropriate links, more pages in English and reports of Committee activities.
- (2) Review the present website and prepare a draft budget for upgrading in FY2012, upgrade the website in FY2013, and evaluate the use of the upgraded website in FY2014.

## 3) Plan for FY2012

- (1) Review the links.
- (2) Review the English web pages.
- (3) Review the visibility and design of the website, and negotiate with contractors.
- (4) Prepare and distribute documents to invite requests for public information activities at the Board of Directors meeting.

## 4) Membership and allocation of roles

- (1) Planning: Reiko Okamoto (Okayama University)
- (2) Website: Hisako Izumi (Sapporo Medical University), Chiyori Haga (University of Yamanashi)
- (3) Accounting/records: Keiko Koide (Okayama University)

(Chaired by Prof Reiko Okamoto, Okayama University)

#### 4. Education Committee

## 1) Purpose

Conduct academic activities contributing to community health nursing education and post-graduate training, etc.

## 2) Plans

- (1) In-service training of public health nurses
  - a. Review the method of training for novice public health nurses (PHNs) in municipal governments (including the review of training systems, training programs and the method of support for novice municipal PHNs training at public health centers).
  - b. Review the goals to be attained by mid-level PHNs.
  - c. Review the goals to be attained by managerial PHNs.
- (2) In-service training of home visiting nurses

- a. Review the role to be played by JACHN in providing in-service training for home visiting nurses.

## (3) In-service training of occupational health nurses:

- a. Review the content and method of training.

## (4) In-service training of nurse-teachers with qualifications as nurses

- a. Gain insight into the situation of in-service training provided to nurse-teachers in schools for special needs education.

## 3) Methods

- (1) Implement activities in line with the plan described above, with roles shared among committee members in accordance with their respective expertise and career.
- (2) Organize three committee meetings per year.

(Chaired by Prof Sanae Haruyama, Jichi Medical University)

#### 5. International Exchange Promotion Committee

## 1) Purpose

The purpose of this committee is to promote the international exchange activities for community health nursing practice, research and education.

## 2) Plans

- (1) Issue the JACHN newsletter in English per year to inform about JACHN activities and the latest trend in Japan.
- (2) Promote an international networking-building in cooperation with International Conference on Community Health Nursing Research (ICCHNR) and other associations.
- (3) Organize a committee meeting once a year.

(Chaired by Prof Emiko Saito, Tokyo Metropolitan University)

#### 6. Science Council of Japan Coordination Committee

JACHN is an academic organization cooperating with the Science Council of Japan as a member of the Japan Association of Nursing Academies. The purpose of the Committee is to contribute to the development of education, research and practice in the field of community health nursing by working with other

academic organizations involved in the field of nursing science.

(Chaired by Prof Sachiyo Murashima, Oita University of Nursing and Health Sciences)

## 7. Social Insurance Union Societies Related Nursing Committee

Activities:

- 1) Participate in the Committee on Medical and Nursing Fee Structure of the Social Insurance Union Societies Related Nursing
  - 2) Participate in the Nursing Fee Working Group.
  - 3) Organize a committee meeting for revision of the fee structure in FY2014.
  - 4) Other
- (Chaired by Prof Mikako Arakida, International University of Health and Welfare)

## 8. Thesis Award Committee

Administer the following annual award scheme in a systematic manner.

- 1) Selection of award-winning theses
    - (1) Select award-winning theses (awards for excellence and encouragement).
    - (2) With the approval of the Board of Directors, exhibit posters of the award-winning theses at the annual Academic Conference.
  - 2) Recommendations for honorary membership
- (Chaired by Prof Misako Miyazaki, Chiba University)

## 9. Project for Improvement of Disaster Relief

- 1) Purpose of activities for the current year
 

Share correct, scientific knowledge among members to develop the basis for disaster relief and consider how best to provide disaster relief, building on the practice and research findings of JACHN members.
- 2) Activities for FY2012
 

Organize a seminar for gaining correct knowledge about radiation and understanding the situation at Fukushima.
- 3) Activities for FY2013
 

Organize a workshop for understanding of the mechanism of tsunami, the impact of disasters and disaster management activities.

4) Activities for FY2014

To be determined

(Prof Misako Miyazaki, Chiba University)

## Current Research

### Titles and authors from Vol.15 (1) - (3) of Journal of Japan Academy of Community Health Nursing

#### Vol.15 (1)

##### **Preface**

Kazuko Saeki: The Future of Japan Academy of Community Health Nursing. 15(1): 3-4, 2012

##### **Original Articles**

Yuko Itabashi, Yuko Bessho, Mari Ueno: Sense of Burden and Positive Feelings: Regarding Defecation Care among Husband Caregivers. 15(1): 5-15, 2012.

Yasuyo Oshiguri, Shiho Kawata, Yatsuko Kinjo, Hiroyo Hatashita: Pioneering Activities of Public Health Nurses Reconsidered. 15(1): 16-24, 2012.

Yuzuri Masuda, Etsuko Tadaka, Yuka Dai: Reliability and Validity of the Japanese Version of the UCLA Loneliness Scale Version 3 among the Older Population. 15(1): 25-32, 2012.

##### **Review Articles**

Waka Itoi, Tomoko Kamei, Etsuko Tadaka, Fumiko Kajii, Yuko Yamamoto, Kiyoto Hirose, Fumio Kikuta: Literature Review on the Effective Intergenerational Programs and Outcomes for Elders and Children in the Community. 15(1): 33-44, 2012.

Kaori Nakayama-Ono, Akiko Sasaki, Tomoko Tanuma: Parenting Support Program for Parents of Preschool Children with Developmental Disabilities. 15(1): 45-51, 2012.

##### **Preliminary Reports**

Satomi Maruo, Ayumi Kono: Trial of Program to Promote Understanding of Dementia among Community-dwelling People. 15(1): 52-60, 2012

Akiko Honda, Nobuko Katahira, Yuko Bessho, Teiji Ohta: Withdrawing the Use of Long Term Care Services by Elderly Due to the Economical Problem by Care Manager. 15(1): 61-70, 2012.

Yasuko Ishibashi, Akiko Miki: Relationship between the Burden of Overwork and the Mental Health of Architects. 15(1): 71-78, 2012.

Yuki Imamatsu, Noriko Sato, Misako Miyazaki: The Process of Health and Lifestyle Cognition Development among Community Activity Participants Considered to be at High Risk of Lifestyle-related Diseases. 15(1): 79-88, 2012.

Ryuta Onishi, Shuhei Fukagawa, Nodoka Ishima, Reiko Sekine, Michiyo, Hirano, Kazuko Saeki: Development of Mutual Trust between Mothers of Newborns and Public Health Nurses during Newborn Home Visits. 15(1): 89-98, 2012.

Akiko Sekine, Hiroshi Murayama, Atsuko Taguchi, Azusa Arimoto, Sachiyo Murashima: Dietary Habits and Needs for Support of Japanese Middle-aged Men in Rural Areas, Characterized by Marital Status. 15(1): 99-108, 2012.

Akiko Kawamoto, Atsuko Taguchi, Yuki Kuwahara, Atsushi Matsunaga, Riho Iwasaki, Sachiyo Murashima: Contents of Individual Support Implemented by Cooperation between Neighbors and Public Health Nurses at Comprehensive Community Support Centers in Japan. 15(1): 109-118, 2012.

Naomi Okada, Hisako Izumi, Michiko Matsubara, Kyoko Namikawa: Public Health Nurses' Support for Mothers to Join the Peer Support Groups. 15(1): 119-125, 2012.

#### **Informations**

Gakuyo Matsui, Tsuruko Ono, Natsuko Sugano, Kae Fujii: Relationship between the Body Composition Assessment and Lifestyles in Community-dwelling Older Persons Who Visited "Town Health Care Room". 15(1): 126-132, 2012.

Maki Kasai, Kayoko Kawahara: Review of Literature on Nonsmoking Support in Japan. 15(1): 133-143, 2012.

Yasuko Toyoshima, Toko Imamura, Masakazu Washio, Kazumi Iyonaga: Education on Infection Control in Home Nursing for Nursing College Students. 15(1): 144-149, 2012.

#### **The 15th Annual Conference of Japan Academy of Community Health Nursing: Presidential Address**

Kiyomi Asahara: The Ethics of Everyday Practice in Community Health Nursing. 15(1): 150-156, 2012.

#### **The 2nd Japan-Korea Joint Conference on Community Health Nursing: Keynote Speech**

Soon Nyoung Yun, Challenge and Innovation of Community: Based Nursing in Korea. 15(1): 157-160, 2012.

**Report of Future Planning Committee.** 15(1): 161-168, 2012.

#### **Vol.15 (2)**

##### **Preface**

Sachiyo Murashima: Toward the Further Development of the Discipline of Community Health Nursing. 15(2): 5-6, 2012.

##### **Original Articles**

Sanae Tomita, Kazuko Mitoku: The Health-related QOL of Late Middle-aged Public Assistance Recipients and Related Factors. 15(2): 7-17, 2012.

Keiko Takigami, Etsuko Tadaka, Yuka Dai: Development of the Needs Assessment Scale of Discharge Planning for People with Dementia. 15(2): 18-26, 2012.

Mari Okada, Reiko Okamoto, Keiko Koide, Saori Iwamoto: Performance of Participants in a Learning Outcome Creation Program to Enhance the Competencies of Specified Health Guidance Providers. 15(2): 27-37, 2012.

##### **Preliminary Reports**

Emi Fukada, Waka Itoi, Etsuko Tadaka, Yuka Dai, Chie Kawahara, Rie Taguchi, Yuki Imamatsu: Expert Home Visiting Nurse's Support for the Patient with Tracheotomy Intermittent Positive Pressure Ventilation to Continue Home Medical Care. 15(2): 38-45, 2012.

Miki Marutani: The Support Skills Provided by Public Health Nurses to Assist Residents Living in Poverty in Welfare Centers. 15(2): 46-54, 2012.

Yuko Mitsuhashi, Noriko Nishikido: Perceived Outcomes and Related Factors of the Collaboration with Occupational Health Services by Public Health Nurses Working for the Municipality. 15(2): 55-63, 2012.

Yuki Ohashi, Izumi Watai, Sachiyo Murashima: Intention of Obtaining Health Checkup among Middle-aged Non-attendees with National Health Insurance. 15(2): 64-72, 2012.

Masako Yumoto, Etuko Sato: Factors Influencing Spirituality Based on the Spirituality Rating Scale (SRS). 15(2):73-80, 2012.

Hiroyuki Konno, Kyoko Sugawara, Junko Goto: Characteristics of General Clerical Workers Able to Use a Pedometer Continuously. 15(2):81-88, 2012.

### Community Health Nursing Reports

Takako Miyata, Kazuko Saeki: Impact on Participants of Support Group for Families Who Suffered from Higher Brain Dysfunction at A Health Center. 15(2): 89-96, 2012.

Makiko Martinez, Hiroyo Hatashita, Shiho Kawata, Yatsuko Kinjyo, Naoko Uemura: Peruvian Women Who Came to Japan as Guest Workers. 15(2): 97-106, 2012.

### Information

Yasuko Toyoshima, Masakazu Washio: Factors for Providing Psychiatric Home Visiting Nursing Service. 15(2): 107-113, 2012.

## Vol.15 (3)

### Preface

Etsuko Tadaka: Toward the Further Development of the Original Scholarship of Community Health Nursing. 15(3): 3, 2013.

### Preliminary Reports

Etsuko Tadaka, Ayumi Kono, Yuuko Kunii, Fumiko Okamoto, Noriko Yamamoto: Qualitative Descriptive Study on Issues of Social Isolation of Older Men Living Alone in an Urban Area. 15(3): 4-11, 2013.

Ayako Ide-Okochi, Kazumi Fujimura: Sufferings Derived from Social Relations and the Process toward Symbiotic Society Experienced among Persons with Cervical Spinal Cord Injury. 15(3): 12-22, 2013.

Rie Akiba, Rie Hakamada-Taguchi, Chie Kawahara, Yuki Imamatsu, Waka Itoi, Yuka Dai, Etsuko Tadaka: Development Process of Lonely Primiparae's Interpersonal Relationship with Neighbors. 15(3): 23-31, 2013.

Rie Tsuboi, Mitue Iida, Manami Osawa, Miyako Hara, Motoi Saito: Dilemmas of Municipal Public Health Nurses in the Welfare Sector Who Provide Individual Support to Psychiatric Patients. 15(3): 32-40, 2013.

Kaori Nakayama-Ono, Akiko Sasaki, Tomoko Tanuma, Kumiko Morita: Efficacy of Individualized Parent Training Program for Parents of Pre-kindergarten Children with Developmental Disability. 15(3): 43-50, 2013.

### Community Health Nursing Reports

Yukari Hoshita, Reiko Okamoto: Implementation and Effectiveness of a Learning Outcome Creation Program to Improve the Explanation Skills of Local Government Public Health Nurses (PHN). 15(3): 51-62, 2013.

### Information

Tomoko Yamabe, Etsuko Tadaka, Yuka Dai, Chie Kawahara, Rie Hakamada-Taguchi, Yuki Imamatsu: A Qualitative Study on Safe Community for School Children Living in an Urban Area. 15(3): 63-69, 2013.

Nobuko Katahira, Aya Fujikawa, Akiko Honda, Mari Ueno, Hideko Kitaoka, Tsukiko Watanabe, Seiko Hirokawa: The Effects and Issues of Cooperation between a Group Home for the Elderly with Dementia and a Visiting Nurse Station. 15(3): 70-77, 2013.

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15(3): 78-85, 2013.



## Announcing the 16th Academic Conference of JACHN



**Date:** August 3-4, 2013

**Venue:** Hotel Clement Tokushima (Tokushima City, Tokushima Prefecture)

**Chair Person:** Toshiko Tada, Community Health Nursing, Institute of Health Biosciences, University of Tokushima Graduate School

### Greeting:

The 16th Academic Conference of the Japan Academy of Community Health Nursing will be held on Saturday, August 3 and Sunday, August 4, 2013 at the Hotel Clement Tokushima.

Challenges facing society have intensified in recent years, caused by factors such as changing living conditions linked to population aging, issues related to lifestyle diseases and mental health, and the impact of disasters. Various people including public health nurses, midwives, clinical nurses, school nurses, certified social workers and office workers are tackling those challenges in local schools and workplaces, in the field of medical and livelihood support, and at government agencies. Other stakeholders, such as those involved in organizing community disaster prevention activities, health promoters, district welfare officers and incorporated non-profit organizations, are also using their ingenuity to build safer local communities. The theme of the 16th Academic Conference: "Harnessing the Power of People Helping People" underscores our desire to share the expertise and experience of all those people involved in community building. For this occasion, we are planning to organize lectures and symposia on this theme, as well as a poster exhibition showing community group initiatives and open lectures for the general public.

The four squares comprising the JACHN logo stand for administrative nursing, industrial nursing, school health nursing, and home nursing. We sincerely hope that the Academic Conference will help deepen mutual understanding among various stakeholders and mobilize their power in respective activities, in a joint effort with local residents to maintain a high-quality, fulfilling community life.

Shikoku will be hosting the first Academic Conference in 10 years, the very first conference to be held in Tokushima. Tokushima prefecture lies in a rich natural setting, with the Yoshino River (also known as *Shikoku Saburo*, one of the three greatest rivers in Japan) flowing at the center, Naruto Strait on the east, and the Pacific Ocean to the south. Tokushima is also the home of the famous Awa Dance Festival and the first of the 88 temples for the Shikoku Pilgrimage, with the cultural tradition of providing alms, or *osettai*, to the pilgrims (*o-henro-san*).

We invite you to participate in this Academic Conference of lively presentations and discussions, and to spend a relaxing weekend here in Tokushima. We look forward to meeting many of you at the conference.



**Program:****Day 1 (Saturday, August 3, 2013)**

- Opening ceremony
- Opening remarks and orientation
- Presidential lecture: Quality of Life and Cohesion of Local Community  
Toshiko Tada (Community Health Nursing, Institute of Health Biosciences, University of Tokushima Graduate School)
- Seminar organized by the Board of Directors
- Plenary
- Keynote lecture: Science of Human Ties: From Me to You  
Yasuhiko Shirayama (Fundamental Oral Health Science, Institute of Health Biosciences, University of Tokushima Graduate School)
- Symposium: The prevention of child abuse: Share the meaning of mutual support in the region and a role in their respective positions
  - Symposium Keynote lecture: Learning from Child Abuse  
Tsuneo Ninomiya (Visiting Professor, School of Health Sciences, Faculty of Medicine, University of Tokushima)
  - Symposiast: Community health nurse, Childcare person, Clinical psychologist
- Workshop
- Exhibition/exchange
- Public poster exhibition
- Dinner & Reception

**Day 2 (Sunday, August 4, 2013)**

- Poster session
- Exhibition/exchange
- Public poster exhibition
- Public symposium: Moving Towards a New Age of Mutual Support
- Closing ceremony

For further information: <http://jachn.umin.jp/meeting/m16/index.html>  
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