

Let's learn empowerment and use it!

What is your favorite scene in this story?

Why do you like that scene?

How would you use empowerment?

Discuss it with your friends!



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1. "Learning."



Has anyone ever taught you anything?

Who from?

What kind of things?

What would have been the result if that teaching had not been there?

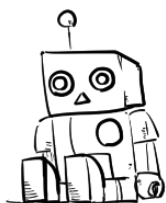
2. About "Like"



What do you like about yourself?

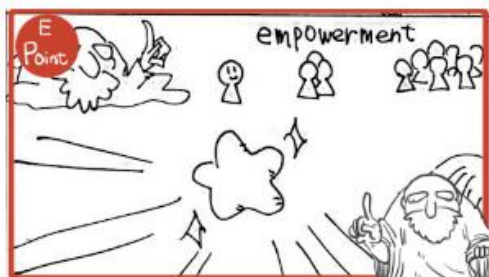
Write one of your friend's name →

What do you think this friend would want you to like about him/her?



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3. "Community"



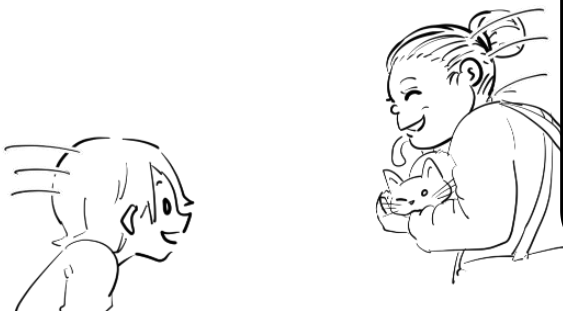
Do you greet your neighbors?

Do it often. • Do sometimes. • Did not.

Have you ever worked with neighbors?

Yes • No

What did you do with your neighbors then?



4. "Opinions"



Have you ever disagreed with someone?

Yes • No • Don't remember.

What did you think and do about it then?

What did you think?

what did you do?



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5. "Strengths and Weaknesses"



Write about your strengths and weaknesses.

Strengths

Weaknesses

Write about a time you tried something!

When was it?

How did you feel before the challenge?

How do you feel after the challenge?



6. "Growth"



What is your specialty that you would like to continue to do?

What are the weaknesses you would like to overcome?



7. "Virtual"



What do you want to do virtually?

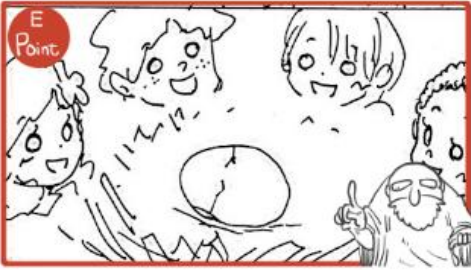
What's so fascinating?

What scares you?



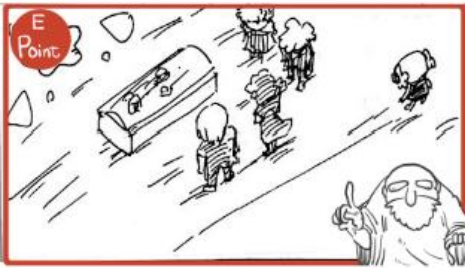
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8. "Nature."



Think about the good things about nature near you.

9. "To lose."



Have you ever lost a loved one or something precious to you?

Yes	No
How did you feel then?	How do you think you would feel if that happened?

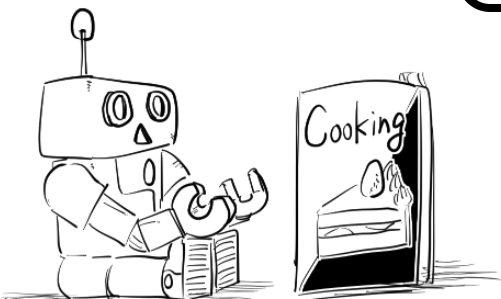
10. "Say sorry"



Anyone else want to say "I'm sorry?"

For whom?

What about?



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11. "Thank you"

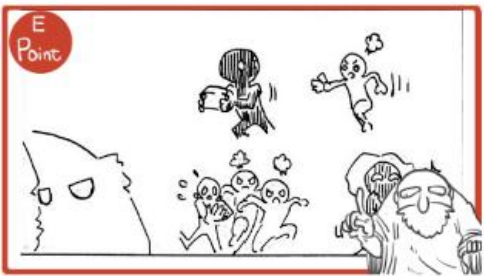


Say thank you to somebody!

For whom? :

What about? :

12. "Regrets"



Have you ever done something you knew wasn't a good idea?

Yes • No

Why did you do it?

What do you think about that now?



13. What is "important"?



Do you have a loved one or something important to you?

loved one

Important things

Why do you think those are important?

