The University of Guadalajara is a public university in Guadalajara, Jalisco, which is the second largest city in Mexico, and famous for producing high quality tequila. It has existed since 1791 and re-founded in 1925. The Department of Mental Health, the University of Tokyo has established research collaboration with University of Guadalajara since 2008.

University of Guadalajara/University of Tokyo Conference on Worker Health 2015

Venue: Rm S102, Faculty of Medicine 3rd Building, Graduate School of Medicine, University of Tokyo
Date: Thursday 28 May 14:00-17:30
Language: English

Schedule (tentative)
1. Opening 14:00
   Welcome remarks and introduction of Department of Mental Health/Psychiatric Nursing (10 min)
   Norito Kawakami, MD, DMSc, Professor of Mental Health, School of Public Health. The University of Tokyo
   Remarks from University of Gradarajara
   TBD

2. Worker health in Japan 14:30-15:45
   Modulator: Prof Norito Kawakami, The University of Tokyo
   Work engagement research in Japan: an overview (30 min)
   Akihito Shimazu, PhD, Associate Professor of Mental Health, School of Public Health
   Job crafting and work engagement among employees (10 min + 5 min discussion)
   Asuka Sakuraya, 1st year MPH student, School of Public Health
   Workplace environment and physical activity among employees (10 min + 5 min discussion)
   Kazuhiro Watanabe, 1st year PhD student, School of Health Science and Nursing
   The CREW program and its impact on mental health in a hospital ward (10 min + 5 min discussion)
   Utako Sawada, 2nd year Master student, School of Health Science and Nursing

3. Worker health in Mexico 16:00-17:30
   Modulator: Dra Mª Ángeles Carrión, Asociación de Expertos en Psicosociología Aplicada - AEPA
   Organizational climate and job satisfaction in service workers. (10 min + 5 min discussion).
   Dra. Maria de Lourdes Preciado Serrano., Professor of Psychology, University of Guadalajara.
   Positive Mental in Health Occupational Field: design, validation and reliability of an instrument for evaluation it. (10 min + 5 min discussion).
   Julio César Vázquez Colunga, 2nd year PhD student, University of Guadalajara.
   Reading comprehension in students of higher education from a perspective interbehavioral. (10 min + 5 min discussion).
   Mario Ángel González, 2nd year PhD student, University of Guadalajara.
   Biofeedback of breathing technique to control stress in food workers. (10 min + 5 min discussion).
   Dr. Juan Manuel Vázquez Goñi. Professor of Public Health, University of Guadalajara.
   Experiences of workers from the qualitative perspective. (10 min + 5 min discussion).
   Hiram Novelo Ramirez, Dulce Liliana Carreño Martinez, Rigoberto Castro Campos, 2nd year Master student, University of Guadalajara.

18:30- Welcome party at Department of Mental Health/Psychiatric Nursing

Contact: Norito Kawakami, kawakami@m.u-tokyo.ac.jp or phone 03-5841-3521