



The University of Guadalajara is a public university in Guadalajara, Jalisco, which is the second largest city in Mexico, and famous for producing high quality tequila. It has existed since 1791 and re-founded in 1925. The Department of Mental Health, the University of Tokyo has established research collaboration with University of Guadalajara since 2008.



東京大学  
THE UNIVERSITY OF TOKYO

## University of Guadalajara/University of Tokyo Conference on Worker Health 2015

Venue: Rm S102, Faculty of Medicine 3<sup>rd</sup> Building, Graduate School of Medicine, University of Tokyo

Date: Thursday 28 May 14:00-17:30

Language: English

Schedule (tentative)

1. Opening 14:00

Welcome remarks and introduction of Department of Mental Health/Psychiatric Nursing (10 min)

Norito Kawakami, MD, DMSc, Professor of Mental Health, School of Public Health. The University of Tokyo

Remarks from University of Guadalajara

TBD

2. Worker health in Japan 14:30-15:45

Modulator: Prof Norito Kawakami, The University of Tokyo

Work engagement research in Japan: an overview (30 min)

Akihito Shimazu, PhD, Associate Professor of Mental Health, School of Public Health

Job crafting and work engagement among employees (10 min + 5 min discussion)

Asuka Sakuraya, 1<sup>st</sup> year MPH student, School of Public Health

Workplace environment and physical activity among employees (10 min + 5 min discussion)

Kazuhiro Watanabe, 1<sup>st</sup> year PhD student, School of Health Science and Nursing

The CREW program and its impact on mental health in a hospital ward (10 min + 5 min discussion)

Utako Sawada, 2nd year Master student, School of Health Science and Nursing

3. Worker health in Mexico 16:00-17:30

Modulator: Dra M<sup>a</sup> Àngels Carrión, Asociación de Expertos en Psicología Aplicada - AEPA

Organizational climate and job satisfaction in service workers. (10 min + 5 min discussion).

Dra. Maria de Lourdes Preciado Serrano., Professor of Psychology, University of Guadalajara.

Positive Mental in Health Occupational Field: design, validation and reliability of an instrument for evaluation it. (10 min + 5 min discussion).

Julio César Vázquez Colunga, 2<sup>nd</sup> year PhD student, University of Guadalajara.

Reading comprehension in students of higher education from a perspective interbehavioral. (10 min + 5 min discussion).

Mario Ángel González, 2<sup>nd</sup> year PhD student, University of Guadalajara.

Biofeedback of breathing technique to control stress in food workers. (10 min + 5 min discussion).

Dr. Juan Manuel Vázquez Goñi. Professor of Public Health, University of Guadalajara.

Experiences of workers from the qualitative perspective. (10 min + 5 min discussion).

Hiram Novelo Ramirez, Dulce Liliana Carreño Martínez, Rigoberto Castro Campos, 2nd year Master student, University of Guadalajara.

18:30- Welcome party at Department of Mental Health/Psychiatric Nursing

Contact: Norito Kawakami, [kawakami@m.u-tokyo.ac.jp](mailto:kawakami@m.u-tokyo.ac.jp) or phone 03-5841-3521