



- Invitation Letter for Women's Health Workshop-

JAR hopes this letter finds you well. We are happy to welcome you to our 2-day workshop on women's health to be held on November 16th and 23rd. You are concerned about your body and health but had not had chance to talk to experts? You may be little shy to talk about female specific issues? This workshop, exclusively for women, will be a great opportunity to ask health-related questions, talk about women's specific issues and meet other fellow refugee women. We will invite 2 professional midwives as guest facilitators.

We are also please inform you that your transportation fee will be covered by JAR. **Small gift** will be prepared for the participants, as well!

Date: November, 16 (Sat.) and 23(Sat.), 2013

Time: 2 pm - 4 pm

*It is a 2-day workshop. We would like to encourage you to attend both days but participating one of the 2 days is very much welcome too!

Venue: JAR office in Yotsuya (2min. walk from JR/Metro Yotsuya Station)

Facilitators: Dr. Yukari Igarashi & Dr. Michiko Oguro

*JAR social workers will also assist the workshop.

If you have any question about this workshop, please feel free to contact JAR (0120-477-472) during weekdays (Mon.-Fri.) between 10 am-6 pm.

We are very much looking forward to having you in the workshop!

JAR Social Assistance Team