



Greetings!

Welcome to the 29th Annual Convention, and celebration of the 30th founding anniversary of the Perinatal Association of the Philippines. In lieu of a physical meeting, we are going virtual as we bring to you the latest updates on perinatal care.

This year's theme is JUAN PAP: Connecting, Bridging, and Uniting for Harmonized Perinatal Care. The concept is akin to workers coming together to build the foundation from which will emerge one of the greatest creations on earth ever. In our case, the foundation is represented by the mother, and the greatest creation is the child that is born to her. Every brick, mortar, and steel that builds the foundation is vital, and we need to fill in the gaps, and crevices with cement to make sure that nothing breaks. By having enough knowledge, we can build the sturdiest base. By being present today, we can become better builders of a good future for patients under our care.

This 29th convention will consist of two whole days of online discussions of contemporary, and pressing issues with regards to maternal and neonatal health. This year's program, however, will have several sessions devoted to the Coronavirus 19 pandemic, how this novel infection has affected the vulnerable population of women and their offspring, and how it can still impact on the almost 5,000 births in the Philippines per day. The roster of speakers includes some of the most experienced, knowledgeable, dedicated, and passionate perinatal experts.

As professionals involved in perinatal care, we have to ensure that we optimize the health of women, and their babies, in all ways possible, and at all times, especially now.

I have to mention that this important PAP activity would not have materialized without the able Organizing Committee of this convention, chaired by Dr Maria Stephanie Fay S. Cagayan. I am so fortunate to lead a dynamic, hardworking team. May all of us be always inspired by the quote, "the seeds of success in every nation on Earth are best planted in women and children", as we break down the obstacles to optimum perinatal health.

Let us come together during the 29th PAP's Annual Convention for the chance to learn how to best care for our mothers and babies, most especially during these trying times. See you!

JOSELYN C. ALONZO-EUSEBIO, MD, FPPS, FPSDBP
President, Perinatal Association of the Philippines, Inc



Greetings of peace and kindness to all.

I would like to start by sending you and your loved ones my wishes for good health and safety in these difficult times. I would also like to express my profound gratitude to all you who are serving so selflessly on the front lines of this health crisis.

Covid-19 is causing so much havoc and tragic loss of life; and the measures needed to fight it have turned our world upside down—affecting billions of people and stopping economies in their tracks.

Despite and in spite of this, the Perinatal Association of the Philippines continues to strive to reach its goal in being a force to reckon with when it comes to being relevant in improving maternal and perinatal healthcare as this is key in preventing complications and deaths during pregnancy and childbirth which has significantly increased during the pandemic.

Because of this, we endeavor to bring you a scientific congress full of varied and diverse learnings --from the impact of Covid to our mothers, newborn and even health workers to research and financial management and even stress management -- all to be delivered to continue to grow us professionally and personally. And we do so by being adaptive through remote and hybrid educational and social activities during this tumultuous period in history.

I congratulate the Scientific Committee for coming up with a very interesting program and lectures to be delivered by highly respected and competent experts in their field. These talks are applicable and appropriate across all health personnel. Kudos to the entire Organizing program for the careful planning and execution of the event.

I look forward to seeing all of you in this first ever virtual convention for our society. May we all have two days of fruitful learning, at the same time enjoy the camaraderie of everyone.

Thank you very much!

Maria Stephanie Fay S. Cagayan, MD, PhD, FPOGS, FPSSTD, FPSECP
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Perinatal Association of the Philippines

29th ANNUAL CONVENTION & 30th ANNIVERSARY CELEBRATION



Juan PAP:



Connecting, Bridging, & Uniting
for Harmonized
Perinatal Care

September 26-27, 2021

Registration link: <https://docquityph.com/papannualconvention2021/>

DAY 1 September 26, 2021 SUNDAY	
7:00 — 8:30 AM	Registration
7:30 – 8:00 AM	Eucharistic Mass
8:00 —8:30 AM	<p>OPENING CEREMONIES</p> <p>I. Welcome Remarks <i>Joselyn C. Alonzo-Eusebio, MD, FPPS, FPSDBP</i> President, Perinatal Association of the Philippines, Inc</p> <p>II. Convention Overview <i>Maria Stephanie Fay S. Cagayan, MD, PhD, FPOGS, FPSSTD, FSECP</i> Vice-President & Over-all Chair, 29th Annual Convention</p>
8:30—10:30 AM	<p>PAP RESEARCH FORUM</p> <p>Chairs: <i>Mary Christine Alice D. Tumale, MD, FPPS, FPSNbM</i> <i>Resti Ma. M. Bautista, MD, FPPS, FPSNbM</i></p>
<p>INTRODUCTION OF KEYNOTE SPEAKER Moderator: Mutya Kismet T. Macuno, MD, FPPS, FPSNbM</p>	
10:30—11:30 AM	<p>KEYNOTE ADDRESS</p> <p>A Systems Approach to Improving Maternal and Newborn Health <i>Paulyn Jean Rosell-Ubial, MD, MPH, CESO III</i> Head of Molecular Laboratory Former Secretary, Department of Health</p>
11:30—12:00 PM	LUNCHEON SYMPOSIUM
12:00—12:30 PM	LUNCHEON SYMPOSIUM
<p>SESSION I: ALTERED by COVID-19 Moderator: Joseph Aldrich S. Gaspar, MD, FPPS, FPSNbM</p>	
12:30—1:15 PM	<p>Plenary Lecture 1 Effect on Maternal and Neonatal Outcomes <i>Erwin R. De Mesa, MD, FPOGS, FPIDSOG</i></p>
1:15—2:00 PM	<p>Plenary Lecture 2 Effect on Maternal and Neonatal Services (Para-COVID Effect) <i>Beverly Lorraine C. Ho, MD, MPH</i></p>
2:00—2:45 PM	<p>Plenary Lecture 3 VAWC Dynamics During the Pandemic <i>Sylvia Estrada Claudio, MD, PhD</i></p>
2:45—3:30 PM	<p>PAP Memorial Lecture Adapting to the Pandemic (Innovations of Midwives) <i>Patricia M. Gomez, RM, MCHS</i></p>
3:30—4:30 PM	PAP BUSINESS MEETING (FOR PAP MEMBERS ONLY)
4:30—5:30 PM	TWILIGHT SYMPOSIUM

DAY 2 September 27, 2021 MONDAY			
SESSION II: RESPONSE TO THE ENVIRONMENT Moderator: Jimmy H. Manzano, MD, FPOGS			
8:00—8:45 AM	<p>Plenary Lecture 5 Reproductive Toxicology <i>Erlidia F. Llamas-Clark, MD, MPH, PhD</i></p>		
8:45—9:30 AM	<p>Plenary Lecture 6 Developmental Toxicology <i>Irma R. Makalinao, MD, MA (PSS), FPSCOT, FPPS</i></p>		
9:30—10:15 AM	<p>Plenary Lecture 7 Nutrition During the First 1000 Days <i>Cecilia C. Santos-Acuin, MD, PhD</i></p>		
10:15—11:00 AM	<p>Plenary Lecture 8 Environment and Patient Health Impacts of a Green Facility <i>Mr. Roderick M. Napulan</i></p>		
11:00—11:30 AM	LUNCHEON SYMPOSIUM		
11:30—12:00 PM	LUNCHEON SYMPOSIUM		
12:00—1:00 PM	BREAK		
1:00—3:45 PM	SIMULTANEOUS SYMPOSIA		
	SS 1 Nutrition Health Outcomes Moderator: Francis Gerard M. Daya, MD, FPOGS	SS 2 Mental Health and Coping Moderator: Caroline V. Orimaco, MD, FPOGS	SS 3 Education and Information Challenges Moderator: Jelissa Mae G. Parayno, MD
1:00—1:45 PM	<p>How Diets Impact Health <i>Marvin C. Callanta, MD, MHA, FPPS, FPSN, FPSNP</i></p>	<p>Workplace Anxiety of Health Care Workers During COVID-19 <i>Tyona Marie F. Gesite, RN</i></p>	<p>The Role of Research to Drive Practice Changes <i>Ma. Stephanie Fay S. Cagayan, MD, PhD, FPOGS, FPSSTD, FSECP</i></p>
1:45—2:30 PM	<p>Maternal Nutrition During Pregnancy <i>Raul M. Quillamor, MD, FPOGS, FPSMFM</i></p>	<p>How To Combat Mental Stress <i>Caroline Mae O. Ramirez, MD, MBA</i></p>	<p>Navigating the Infodemic of Misinformation <i>Maria Christina H. Ventura, MD, FPPS</i></p>
2:30—3:15 PM	<p>Infant Nutrition and Life-long Health Outcomes <i>Ma. Esterlita V. Uy, MD, MSPH, FPPS, FPSNbM</i></p>	<p>Building Personal Resilience <i>Sheila Marie G. Hocson, PhD RGC, RPSY, RPM, LPT</i></p>	<p>Retooling and Upskilling In Response to the Pandemic <i>Romelei C. Alfonso, MD, MSc</i></p>
3:15—3:45 PM	OPEN FORUM	OPEN FORUM	OPEN FORUM
4:00—4:30 PM	CLOSING CEREMONIES	CLOSING CEREMONIES	CLOSING CEREMONIES
5:00—6:00 PM	FELLOWSHIP NIGHT		